



DENIM AND LACE DANCERS

Sheboygan, WI
Instructor: Barb Bishop
920-457-8837

MY VERONICA

Choreographer: Peter Metelnick & Alison Biggs

Count: 64

Type: 4 Wall Line Dance

Rating: Beginner/Intermediate Level

Music: Veronica by Barbados

e-mail: jbbishop@charter.net

Start 16 counts after heavy beat starts (on verse vocals) as he sings the word "raised" in the phrase "Well I raised the highest mountain"

LEFT FORWARD BOX

- 1-4 Step left side left, step right together, step left forward, hold
5-8 Step right side right, step left together, step right back, hold

¼ LEFT & LEFT FORWARD BOX

- 1-4 Turning ¼ left step left side left, step right together, step left forward, hold
5-8 Step right side right, step left together, step right back, hold (facing 9:00)

LEFT TRIPLE TURNING ¼ LEFT, HOLD, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, HOLD

- 1-4 Step left side left, step right together, turning ¼ left step left forward, hold
5-8 Step right forward, pivot ½ left, step right forward, hold (facing 12:00)

RIGHT FULL TURN FORWARD TRIPLE STEP, HOLD, RIGHT FORWARD TRIPLE STEP, HOLD

- 1-4 Turning ½ right step left back, turning ½ right step right forward, step left forward, hold
Easier option: step left forward, step right together, step left forward, hold
5-8 Step right forward, turning ½ right step left back, turning ½ right step right forward
Easier option: step right forward, step left together, step right forward, hold (facing 12:00)

¼ RIGHT & LEFT SIDE ROCK & RECOVER, LEFT CROSS, HOLD (OR LEFT TOE STRUT), VINE RIGHT 4

- 1-4 Turning ¼ right rock left side, recover on right, cross left over right, hold
Or execute a cross toe strut on counts 3-4
5-8 Step right side right, cross left behind right, step right side right, CROSS left over right (facing 3:00)

RIGHT SIDE, LEFT BACK ROCK & RECOVER, LEFT SIDE, RIGHT BACK ROCK & RECOVER, RIGHT FORWARD, HOLD

- 1-4 Step right side right, rock left back, recover on right, step left side left
5-8 Rock right back, recover on left, step right forward, hold (facing 3:00)

LEFT FORWARD, ½ RIGHT PIVOT TURN, LEFT FORWARD, HOLD, RIGHT SIDE ROCK & RECOVER, RIGHT TOGETHER, LEFT HEEL FORWARD

- 1-4 Step left forward, pivot ½ right, step left forward, hold
5-8 Rock right side, recover on left, step right together, touch left heel forward (facing 9:00)

LEFT SIDE ROCK & RECOVER, LEFT TOGETHER, ½ RIGHT MONTEREY ENDING WITH LEFT TOUCH TOGETHER

- 1-4 Rock left side, recover on right, step left together, hold
5-8 Touch right toes to right side, turning ½ right step right together, touch left toes to left side, touch left together (facing 3:00)

REPEAT

ENDING

Dance finishes facing front wall. The last pattern will start facing front wall. Dance as far as counts 25-28: the full left turning triple & hold (or easier option left forward triple & hold). Either way weight ends on left foot. Add 2 quick hip bumps right & left to hit the final notes of the music & hold