



DENIM AND LACE DANCERS

Sheboygan, WI
Instructor: Barb Bishop
920-457-8837
Email: jbbishop@charter.net

DOWN ON YOUR UPPERS

Choreographer: Gary O'Reilly

Count: 32

Type: 4 Wall Line Dance

Rating: Beginner Line Dance

Music: **Down On Your Uppers** by Derek Ryan

Intro 32

TWIST, TWIST, HEEL, HOOK, FORWARD, TOUCH, BACK, TOUCH

- 1-2 Swivel heels right, swivel heels center
- 3-4 Touch right heel forward, hook right over
- 5-6 Step right diagonally forward, touch left together
- 7-8 Step left diagonally back, touch right together

GRAPEVINE RIGHT, GRAPEVINE $\frac{1}{4}$ LEFT BRUSH

- 1-2 Step right side, cross left behind
- 3-4 Step right side, touch left together
- 5-6 Step left side, cross right behind
- 7-8 Turn $\frac{1}{4}$ left and step left forward, brush right forward (9:00)

RIGHT ROCKING CHAIR, RIGHT HEEL STRUT, LEFT HEEL STRUT

- 1-2 Rock right forward, recover to left
- 3-4 Rock right back, recover to left
- 5-6 Step right heel forward, lower right toe
- 7-8 Step left heel forward, lower left toe

FORWARD, SWIVEL HEEL/TOE/HEEL, FORWARD, SWIVEL HEEL/TOE/STOMP

- 1-2 Stomp right diagonally forward, swivel left heel in
- 3-4 Swivel left toe in, swivel left heel in
- 5-6 Stomp left diagonally forward, swivel right heel in
- 7-8 Swivel right toe in, stomp right together

REPEAT