



# DENIM AND LACE DANCERS

Sheboygan, WI  
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# ATOMIC POLKA

**Choreographer:** Bastian van Leeuwen  
**Count:** 64  
**Type:** 4 Wall Line Dance  
**Rating:** Easy Intermediate Level  
**Music:** **Turbo Polka** by Atomik Harmonik (128 bpm)  
**It's my Soul** by Lynn August (120 bpm)  
**Hooray Hooray it's a Holiday** by Boney M

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## RIGHT SHUFFLE, 1/4 TURN RIGHT, SIDE SHUFFLE, 1/4 TURN RIGHT SHUFFLE BACK, COASTER STEP

1&2 Step right forward, close left to right, step right forward  
3&4 Turn 1/4 right and step left to left side, close right to left, step left to left side  
5&6 Turn 1/4 right and step right back, close left to right, step right back  
7&8 Step left back, step right beside left, step left forward

## DIAGONAL FORWARD GALLOPS RIGHT AND LEFT WITH TOUCHES

1& Step right forward, close left to right  
2& Step right forward, close left to right  
3-4 Step right forward, touch left beside right  
5& Step left forward, close right to left  
6& Step left forward, close right to left  
7-8 Step left forward, touch right beside left

## HEEL TAPS, COASTER STEP, HEEL TAPS, SAILOR STEP TURNING 1/4 LEFT

1-2 Touch right heel forward, touch right heel forward  
3&4 Step right back, step left beside right, step right forward  
5-6 Touch left heel forward, touch left heel forward  
7&8 Cross left behind right, turn 1/4 left step right to right side, step left beside right

## HEEL SWITCHES FORWARD, CLAP TWICE, X2

1& Touch right heel forward, step right beside left  
2& Touch left heel forward, step left beside right  
3&4& Touch right heel forward, clap, clap, step right beside left  
5& Touch left heel forward, step left beside right  
6& Touch right heel forward, step right beside left  
7&8& Touch left heel forward, clap, clap, step left beside right

## SHUFFLES TURNING 1/4 RIGHT 4X (FULL TURN)

1&2 Turn 1/4 right stepping right forward, close left to right, step right forward  
3&4 Turn 1/4 right stepping left forward, close right to left, step left forward  
5&6 Turn 1/4 right stepping right forward, close left to right, step right forward  
7&8 Turn 1/4 right stepping left forward, close right to left, step left forward

## FULL TURN RIGHT, TOUCH AND CLAP, FULL TURN LEFT, TOUCH AND CLAP

1-2 Turn 1/4 right stepping right forward, turn 1/2 right stepping left back  
3-4 Turn 1/4 right stepping right to right side, touch left beside right and clap  
5-6 Turn 1/4 left stepping left forward, turn 1/2 left stepping right back  
7-8 Turn 1/4 left stepping left to left side, touch right beside left and clap

## SHUFFLE BACKWARD, COASTER STEP, FULL TURN LEFT, STEP, TOUCH

1&2 Step right back, close left to right, step right back  
3&4 Step left back, step right beside left, step left forward  
5-6 Turn 1/2 left stepping right back, turn 1/2 left stepping left forward  
7-8 Step right forward, touch left beside right

## HIP BUMPS, TOUCH, SHUFFLE BACKWARD, COASTER STEP

1-2 Step left to left side and bump hips left, bump hips right  
3-4 Bump hips left, touch right beside left  
5&6 Step right back, close left to right, step right back  
7&8 Step left back, step right beside left, step left forward

**START AGAIN**